



Advance Occupational Therapy

Achieving Goals Together

Curriculum Vitae

Victoria Anderson

Advanced Practitioner Occupational Therapist

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Qualifications:

Post Graduate Certificate in Sensory Integration (2014 Ulster University);

BSc (Hons) Occupational Therapy (1995 Sheffield Hallam University);

BA (Hons) Social Policy and Sociology (1991 Sheffield University).

Memberships:

British Association of Occupational Therapists;

Health & Care Professionals Council (Reg no: OT24460);

Sensory Integration Network;

Sensory Integration Special Interest Group (Northwest)

Professional Experience:

I qualified as an Occupational Therapist in 1995, having obtained a 2:1 degree in Occupational Therapy from Sheffield Hallam University.

My first post was as a rotational Grade at St James University Hospital in Leeds. I spent the first 6 months of my career working in Hands, Plastics and Rheumatology, with both adults and children. I enjoyed this post as not only did I work with patients of all ages, I also gained invaluable hand-splinting experience. I then moved to a Care of Elderly ward, as part of a ward based multi-disciplinary team. Whilst working in this post, I was encouraged to apply for a promotion within the trust and became a Senior 2 Therapist, working with elderly patients with mental health difficulties. After working in my post for 7 months, I decided to gain experience in other areas of Occupational Therapy and became a locum for 3 months.

In May 1997, I took a permanent position in a busy Care of Elderly department in Bury. I remained there for 18 months, until I gained promotion as a Senior 1 Therapist, working with adults in the community.

I began working as a Senior 1 (Band 7) in Paediatrics in 2002. I quickly realised this was the area of Occupational Therapy practice for me and have worked within this ever since.

In January 2015, I started working at Rehabilitation for Independence, an Independent Occupational Therapy company alongside my NHS role. In July 2015 I left my NHS post and began working solely for Rehabilitation for Independence.

In July 2017, I left this post to set up my own Independent Occupational Therapy Company, Advance Occupational Therapy along with my colleague Sarah Acres.

During the past 22 years, I have worked with children and young adults with a wide variety of conditions such as Cerebral Palsy, Muscular Dystrophy, Acquired and Traumatic Brain Injury, Developmental Delay, Autism and Developmental Coordination Disorder. I have had a varied caseload which has included children in both mainstream and special school settings. I am experienced in both standardised and non-standardised assessment and use these along with my clinical reasoning skills to formulate individual treatment goals and treatment sessions.

In addition, I am experienced in the provision of specialist home and school equipment and adaptations. This includes specialist seating, toileting and bathing equipment, beds and sleep systems.

I am experienced in the assessment of slings and hoists to aid moving and handling, and I recently completed a four day "Train the Trainer" moving and handling course. I have delivered bespoke moving and handling training to parents and support workers.

During my time as an Occupational Therapist, the impact that sensory processing has on an individual's development and on their abilities to fully engage in the world around them has become increasingly apparent. I believe that by providing individuals who have sensory processing difficulties with the correct sensory input, putting sensory strategies in place and by educating them and their carers about sensory processing, a person's quality of life can be improved dramatically. It is this passion which has led me to seek post-graduate training and qualifications in Sensory Integration Therapy.

I am an effective communicator who has developed excellent relationships with clients and their families, my colleagues and members of the multi-disciplinary team. I am experienced at delivering training sessions to parents, teachers and fellow health professionals. I carry out free training sessions for parents as part of a local post diagnostic support package.

I am a fieldwork educator and have supervised less experienced members of the Occupational Therapy team in the departments I have worked in.

Summary of Continued Professional Development:

2018 Motivational Interviewing (3-day course)
2017 Safeguarding for children and adults (1/2 day)
2017 Child Brain Injury Trust Conference (1 day)
2017 Is it Sensory or Is It Behaviour? (2 days)
2016 Sensory Integration and Autism (2 days)
2016 Train the Trainer Moving and Handling Course (4 days)
2016 Child Brain Injury Trust Conference (1 day)
2015 Sensory Integration and Feeding Difficulties (2 days)
2015 Ayres Sensory Integration Intervention (4 days)
2014 Post Graduate Certificate in Sensory Integration Therapy
2014 Sensory Integration Module 2/3 (10 days)
2014 Occupational Therapy for Children with Developmental Coordination Disorder (2 days)
2014 Postural Awareness Course affiliated to Postural Care Skills (2 days)
2014 Treatment Outcome Measures (TOMs) Course 91 day)
2013 Sensory Integration workshop (2 days)
2012 Sensory Integration Module 2 (5 days)
2010 Sensory Integration Module 1 (5 days)
2010 Introduction to Sensory Processing (1 day)

Career Progression:

July 2017 – Director and Occupational Therapist Advance Occupational Therapy Ltd
July 2015 –July 2017 Advanced Practitioner OT & Sensory Integration Specialist
Rehabilitation for Independence Ltd
Jan 2002 –July 2015 Band 7 Paediatric OT Pennine Care NHS Trust.
Sep 1998 –Jan 2002 Senior 1 Community Adults OT Bury Healthcare NHS Trust.
June 1997 –Sep 1998 Senior 2 Care of Elderly OT Bury Primary Care NHS Trust.
April –June 1997 Locum Senior 2 Rehabilitation OT North Manchester General Hospital.
Sep 1996 –Apr1997 Senior 2 Psychiatry of Old Age OT Leeds Community Mental Health Trust.
June –Sep 1996 Locum Basic Grade Rehabilitation OT Trafford NHS Trust.
1995 –June 1996 Rotational Basic Grade Care of Elderly OT St James University NHS Trust, Leeds.