



Curriculum Vitae

Emer Killeen

Senior Occupational Therapist

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Qualifications:

MSc Pre-registration Occupational Therapy (University of Cumbria 2010)

Memberships:

Royal College of Occupational Therapists (registration number BT0241245)

Health and Care Professions Council (registration number OT61709)

Professional Experience:

I qualified at Masters Level from the University of Cumbria in 2010. My first position after qualifying was with Lincolnshire Community Health Services, where I completed a Band 5 rotational post working with adults. This role provided sound experience across medical rehabilitation, intermediate care and palliative care, in functional assessments and environmental adaptations. Patients presented with a wide range of conditions (including neurological and orthopaedic), mental health and cognitive difficulties. I gained knowledge in selecting appropriate aids and adaptations and effective, safe discharge planning. The palliative care rotation provided with me skills in complex care planning and working with members of a multi-disciplinary team, enabling me to improve my communication skills and dealing with difficult conversations. I gained skills in running groups, anxiety management, reminiscence therapy, and complex moving and handling.

In 2012, having moved back to the North-West to be nearer family, I became a Case Manager at Northern Case Management. On most cases I had a dual OT/Case Manager role across pre and post-litigation cases. I gained experience in recruiting and supervising teams of support workers. Some patients had very complex physical and medical difficulties, requiring large complex 24-hour care packages and regular moving and handling reviews. Others had cognitive and behavioural difficulties and as an OT I worked closely with the MDT and patients to set realistic goals and used core OT skills of activity analysis and grading to improve a patient's engagement in activities of daily living. Such activities included personal care, cooking, sleep hygiene assessments, household management, budgeting, shopping, voluntary vocational rehabilitation and liaison with educational establishments.

In July 2014 I took the decision to gain wider OT experience and secured a locum role with Rochdale Council, assessing for and implementing Assistive Technology from basic telecare to chair and bed sensors, epilepsy sensors, medication dispensers and safer walking devices for those with dementia. Following this role, I worked for a private healthcare company that had secured a healthcare contract to provide a step-up/step-down service for a large healthcare trust in Lancashire. The service facilitated safe discharge planning from the acute sector as well as preventing hospital admission.

I then continued locum work at Band 6 level across a variety of locations and services in Manchester and East Lancashire, working with adults with complex needs. I expanded my experience in Neurological conditions such as MS and MND, as well as TBI and palliative care and this enabled me to consolidate skills in environmental adaptation, moving and handling, and specialist seating.

In July 2016 I took the position of Community OT with Lancashire Care Foundation Trust. This role enabled me to further consolidate assessment and treatment skills of those with complex needs across a range of conditions. After leaving this role to work nearer home, I worked across a variety of Band 6 roles in intermediate care, dementia rehabilitation and rapid response.

In June 2018 I took up a part-time role with Medicess as Rehabilitation Case Manager. Working with poly-trauma cases including TBI from road traffic and work-placed accidents. I chose to work part-time so I could also work independently in an OT role.

I joined Advance Occupational Therapy in July 2018, working with those with ABI and TBI. My caseload consists of clients across the lifespan from ages 11 up to 65. As I enjoy my OT work so much, I made the decision to concentrate on this and left my role with Medices in 2019.

All roles have focussed on safeguarding and service development including goals/outcome measures, service assessments and processes, risk assessments, and participation in in-service training.

Summary of recent Continued Professional Development

April 2021 The Foundation Sleep Workshop, The Sleep Charity (online course)

March 2021 Introduction to Sensory Integration Difficulties, Sensory Integration Education (online course)

Planned for Sept 2020 "Assessment of Motor and Process Skills" Royal College of Occupational Therapists

Feb 2020 "Courtroom Skills", Bond Solon

Jan 2020 Residential weekend, Calvert Reconnections (Calvert Trust)

Nov 2019 "Understanding Childhood Acquired Brain Injury", Child Brain Injury Trust.

Sept 2019 "Reclaimed Identities: Contemporary practice in personal injury/medical negligence" EmSeven (APIL Event)

June 2019 "ABI Conference - Neuro-rehabilitation – Pathways to Independence" Accomplish Group

March 2019 Attendance at Neuro-Convention

Nov 2018 – Mock Trial, Irwin Mitchell Manchester

Sept 2018 "How to do Cognitive Rehabilitation" Braintree Training

August 2018 Masters Level assessment vivas, University of Cumbria

June 2018 "Transition from student to practitioner" – Masters Level students, University of Cumbria

Ongoing clinical supervision and reflective practice

Career Positions

July 2018- Occupational Therapist, Advance Occupational Therapy

June 2018 - Rehabilitation Case Manager, Medicess Ltd (part-time)

Apr 2018 - ongoing Band 6 Locum OT part-time

Sept 2017 - Apr 2018, Band 6 OT, Pennine Care Foundation Trust

July 2016 - Sept 2017, Band 6 OT, Lancashire Care NHS Foundation Trust

July 2015 - July 2016, Band 6 Community Rehab Locum OT, East Lancashire Hospitals NHS Trust, LCFT NHS Foundation Trust, UHSM (now Manchester Foundation Trust)

Jan 2015 - July 2015, OT, Healthcare at Home

July 2014 - Jan 2015, Locum OT, Assistive Technology, Rochdale Council

Dec 2012 - July 2014, O.T. Case Manager, Northern Case Management

Oct 2010 - Dec 2012. Band 5 OT, Lincolnshire Community Health Services