



Advance
Occupational
Therapy

Achieving Goals Together

Curriculum Vitae

Katy Yates

Advanced Practitioner Occupational Therapist

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Qualifications:

BSc (Hons) Occupational Therapy (2002 Coventry University)

Memberships:

British Association of Occupational Therapy;

Health and Care Professions Council (registration number OT35426)

Professional Experience:

I qualified from the University of Coventry in 2002

I am an Advanced Occupational Therapist and have been practicing since August 2002. I have spent the majority of my career working in Paediatrics and I have worked in Independent Practice with children and adults since 2017.

2002 to 2003

My first position as a basic grade at Lancashire Teaching Hospitals NHS Trust was a physical elderly rehabilitation post managing an 18 bedded rehabilitation ward and jointly covering another ward based at Sharoe Green Hospital, Preston. The treatment of these patients involved using normal movement techniques, assessing and reviewing seating, along with posture management of complex patients.

2003 to 2004

I then moved to a basic grade rotational post, employed by Lancashire Care NHS Trust but the rotation also moved into posts in Burnley Health Care Trust. The elderly mental health post involved a mixed caseload of in/day patients, and outreach based at Burnley General Hospital. I managed my own caseload of approximately 30 patients. I then rotated into paediatrics and quickly knew this was an area of Occupational Therapy I wished to become established in. I secured a permanent position as a Senior II (now a band 6).

2004 to 2014

During my first three and a half years in paediatrics at Burnley, Pendle & Rossendale PCT (then East Lancashire PCT, followed by Lancashire Care Foundation Trust) I worked with school aged children in a variety of settings. The type of cases ranged from mainstream children with coordination problems, mainstream children with physical disabilities and special school children with moderate, severe and profound and multiple difficulties. Input involved recommending equipment and adaptations at home and school, as well as assessment advice and treatment. I have a wide knowledge of standardised assessments and gained experience of working with sensory integration.

During the next three years of practice, I worked in pre-school with a caseload of children that attend specialist nursery and community cases. I also worked in the child development centre (CDC), ward discharges and complex early referrals of babies.

I then worked as clinical lead/team leader for the mainstream school aged children's team. I led the team for all aspects of OT associated with this group of children. My emphasis was on community work, and I used my expertise in postural management, specialist seating, equipment, and adaptation provision. I also used my knowledge of assessing and treating children with coordination difficulties. I carried out the day to day management of this team of ten staff.

2015 to 2017

In my role at Bridgewater Health Care NHS Trust, I built on my existing knowledge and skills to provide a newly commissioned service for sensory integration. I have implemented sensory assessments and treatment for a range of children with sensory difficulties. I worked to create a new pathway for this service which was based on the NICE guidelines for children with Autistic Spectrum Disorder. I worked in close partnership with the wider multidisciplinary team, along with strategic managers in developing a new pathway for children presenting with behavioural difficulties. I supported the Consultant Paediatricians by providing in-depth assessment and

analysis to help inform diagnosis. I was part of a multidisciplinary panel that looks at children needing multiple services with a focus on ASD and ADHD.

2017 to 2020

I moved into independent practice as an Advanced Occupational Therapist at Rehabilitation for Independence. During this time, I have worked on extremely complex neurological cases, providing client centred rehabilitation. I have used my expert Occupational Therapy skills to clinically reason bespoke therapy, highly specialist equipment provision and complex home adaptations. I have worked closely with and I am skilled in building an excellent rapport with clients, their families, the medico-legal practice team and have forged close working relationships with solicitors, architects, case managers, physiotherapists, speech & language therapists and clinical psychologists across the independent sector. I have worked with children, teenagers and adults in pre and post settled litigation cases.

Throughout my time in Occupational Therapy, I have managed many extremely complex clinical cases and feel I have extensive knowledge within this area. I love working with clients and their families and building a close therapeutic relationship to provide client centred rehabilitation.

Summary of Continued Professional Development

2015 Sensory Integration Module 1 (5 days)

2013 Diversity and Equality

2013 Appreciative Leadership

2013 Information Governance

2011 CAF training

2011 Care Aims

2013 Conflict Resolution

2008 Introduction to Early Assessment & Intervention with Babies & Young Children (5 days)

2005 Problem Solving Adaptations (2days)

2005 Chailey Approach to Postural Management (3days)

Career Positions

2020 to current

Advanced Occupational Therapist at Advanced Occupational Therapy Ltd

2017 to 2020

Advanced Occupational Therapist at Rehabilitation For Independence

2015 to 2017

Band 7 Clinical Lead Occupational Therapist at Bridgewater Community Health Care Foundation Trust

Feb 2004 to Dec 2014

Senior II/Band 6/Band 7 Occupational Therapist Lancashire Care Foundation Trust (formerly East Lancashire PCT & Burnley, Pendle & Rossendale PCT)

Feb 2003 to Feb 2004

Rotational Basic Grade Occupational Therapist at Lancashire Care Trust

2002 to 2003

Basic Grade Occupational Therapist at Lancashire Teaching Hospitals NHS Trust

1994 to 2001

Occupational Therapy Assistant at University Hospitals of Leicester NHS Trust