



Curriculum Vitae

Murdo Andrew Mason

Occupational Therapist
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Qualifications:

BSc (Hons) Occupational Therapy (University of Salford 2009)

Memberships:

Royal College of Occupational Therapists (registration number BT0237765)

Health and Care Professions Council (registration number OT59658)

Professional Experience:

My first position after qualifying was with Northern Case Management. Whilst here, I coordinated a mixed adult and paediatric caseload providing complex case management and occupational therapy services. I worked independently within the community, visiting clients at home, school, hospital and community settings. In addition to supplying and evaluating case management plans, I also provided Occupational Therapy assessments for seating, specialist equipment, activities of daily living, environmental modifications and sensory integration. The main focus of my occupational therapy intervention across all clients was the prescription of specialist equipment; including wheelchairs, static seating, sleep systems, profiling beds, sensory rooms, hoisting facilities, bathing and showering facilities, wheelchair adapted vehicles and large-scale property adaptations. Equipment was provided

following detailed assessments and demonstrations with clients. The aim of equipment provision was to promote postural management, reduce risk and increase independence and access to occupation. Equipment would be provided with full training to the child, their family and all others who support them. Details of positioning and correct use of equipment were also included in support plans.

In 2014 I took on a new role at Rochdale Borough Council. Here I managed an on-going community-based adult caseload with special interests in neurological conditions (CP, MS, MND, Brain Injury and Stroke) and Spinal Injuries. I provided functional assessments for equipment and environmental adaptations using clinical reasoning, an incremental approach and cost-effective use of available resources, to meet the long-term needs of service users. I provided holistic assessments that identified areas of need often outside of the role of an Occupational Therapist. To meet such needs, I worked collaboratively with other professionals and agencies – physiotherapy, housing associations, sensory teams, and inclusive technology to achieve positive outcomes. I provided moving and handling risk assessments and training for informal carers in the use of moving and handling techniques and equipment.

In my time following this at AJ Case Management, I worked as an Associate Case Manager for two years, maintaining a case load of adult and children's cases.

In 2016 I joined Progress Care Solutions. Here I participated in an Independent Foster Panel for a private Foster Care Agency every two – three months, consisting of a half-day commitment. My role as an Independent Foster Panel Member is to examine assessments and documentation prior to panel and collectively discuss a recommendation about whether people applying to foster should be approved as foster carers, and the terms of their approval. As well as whether foster carers, following an annual review of approval, should continue to be approved as foster carers. The benefits of this role are about helping to maintain quality services for children and young people and striving to act as their "voice" when making recommendations about foster carers.

In January 2016 I established MM Therapy Ltd with the aim to deliver an independent Occupational Therapy service. I have provided individual treatment, equipment assessments, moving and handling risk assessments and specialise in property adaptations on both large and small scale projects; offering a full project management service, including design, specification and architect services. I have a strong emphasis on providing sensitive designs that minimise the visual impact of a person's disability. I have developed my practice by combining skills and assessment techniques used in both the private and public sectors, to deliver an individual and specialist Occupational Therapy service. I have extensive work experience in utilising local authority and government funding, to ensure available resources are also considered. As an Occupational Therapist, I am passionate that my client's activities should reflect their own life goals, facilitate development of life skills and provide fulfilment. I have enjoyed supporting clients to participate in wheelchair sports, outdoor adventure activities, and access their community following the provision of specialist equipment.

In 2017 I joined Rochdale Borough Council's Children with Disabilities team as a Community Paediatric OT. I provided information, advice and access to specialist equipment and recommended ways to adapt the home or school for children and young people with disabilities. I also used strategies and activities to develop skills directly with the child and to promote independence and safe management by their parents/carers. This can include: moving and handling, all activities of daily living, and by the provision of property and safety adaptations, along with access to basic facilities. My aim is to enable each child to achieve their highest level of independence and to enable parents/carers to manage them safely within their home. I have good knowledge of paediatric equipment and have experience of assessing and recommending specialist equipment such as supportive seating and bathing equipment, as well as extensive moving and handling expertise.

With over twelve years' experience of working with children and adults with neurological impairments and complex needs as an Occupational Therapist, I have proven myself to be a proactive clinician. I have demonstrated a strong work ethic, with a creative client-centred approach to rehabilitation and client enablement and have a special interest in the assessment and coordination of equipment and disability adaptations. I have the ability to carry out both standardised and observational assessments, I am adept at writing thorough specialist Occupational Therapy assessments, as well as writing robust safety risk assessments and moving and handling risk assessments. I have good interpersonal skills and enjoy working as part of a multi-professional team.

Summary of Continued Professional Development

September 2021 Sensory Integration Network, Sensory Integration Level 1

July 2021 Yorkshire Fatigue Clinic, Fatigue Masterclass, Assessing and treating fatigue – skills and strategies for OT Practice

Ongoing clinical supervision

Ongoing reflective practice

Career Positions

2021 – Present, Occupational Therapist, Advance Occupational Therapy

2017 – Present, Community Paediatric Occupational Therapist, Rochdale Borough Council (Children with Disabilities team)

2016 – 2017, Independent Occupational Therapist, MM Therapy Ltd

2016 – Present, Independent Foster Panel Member, Progress Care Solutions

2016 – 2017, Associate Case Manager, AJ Case Management Ltd

2014 – 2016, Occupational Therapist, Rochdale Borough Council (Adult Community)

2008 – 2014, Occupational Therapist and Case Manager, Northern Case Management Ltd
(Children's and Young Persons' team)